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By Yves Réquena

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Qigong - Wikipedia, the free encyclopedia -

Qigong, qi gong, chi kung, (or chi) is often translated as life energy, a Chinese martial art derived from xingyiquan,

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Tai chi - Wikipedia, the free encyclopedia -

Often shortened to t'ai chi, taiji or tai chi in English usage, T'ai chi ch'uan or taijiquan is an internal Chinese martial art practiced for both its defense
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<http://www.inspire.com/groups/cancer-treatment/discussion/using-qigong-chinese-internal-energy-exercises-to-help-fight-cancer/>

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